

Real Deal TNTT



Technical Guide
May 4th, 2017
Version 2.0

Sponsored by: Real Deal Racing



General Information

- The course is mostly flat with a few short hills. Roads are newly paved, and while open to traffic, provide wide shoulders. All turns are right hand so there is no crossing traffic. The wind and weather conditions make each week a unique experience. Some days you will arrive and know it will be fast. Other days it is a grind. Distance is 15 kilometers. We will consider special nights at longer or shorter distances if the demand is there and we can find a suitable way to adjust the course.
- On occasion an alternate course will be used. Please consult www.realdealracing.ca for up to the minute info.

Registration Information

- All riders will be required to sign in prior to the start. Registration will occur starting at 6:00pm at the North Toronto Chinese Baptist Church. Look for the RealDeal Registration Tent.
- The TNTT is open to all members of the Ontario Cycling Association. Proof of Membership must be provided to officials at sign-in
- Numbers will be assigned at the start according to seeding. Please remember this number and yell it out as you cross the finish line.
- Payment will be accepted in cash only.

Schedules/Category

Category	Start Time	Distance	Entry Fee
All Categories	7 pm	15km 1.25 laps	\$10 /Youth Riders \$5
Results	10 mins after last rider completes the course		

Course Notes

- There are no washrooms on site. There are gas stations close to the 404 at both Elgin Mills and Stouffville road.
- There are no change room facilities. We ask that you use discretion when changing before and after your ride in the Church Parking lot.
- Please ensure that you bring the necessary hydration and nutrition to allow for the best experience possible. We will have water and food on hand for emergencies only.

CourseMap



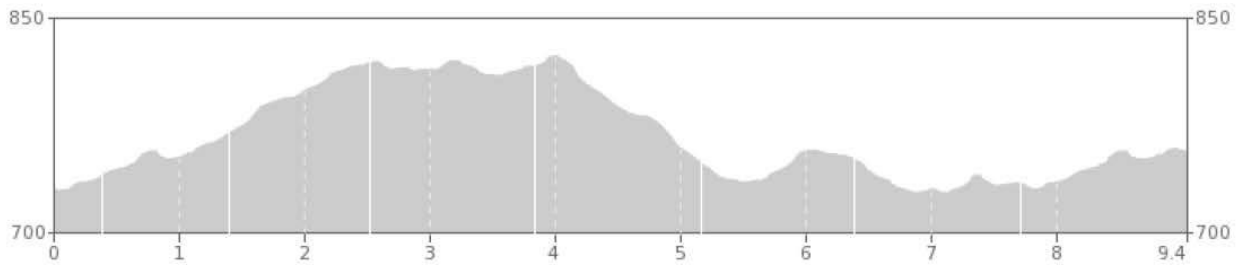
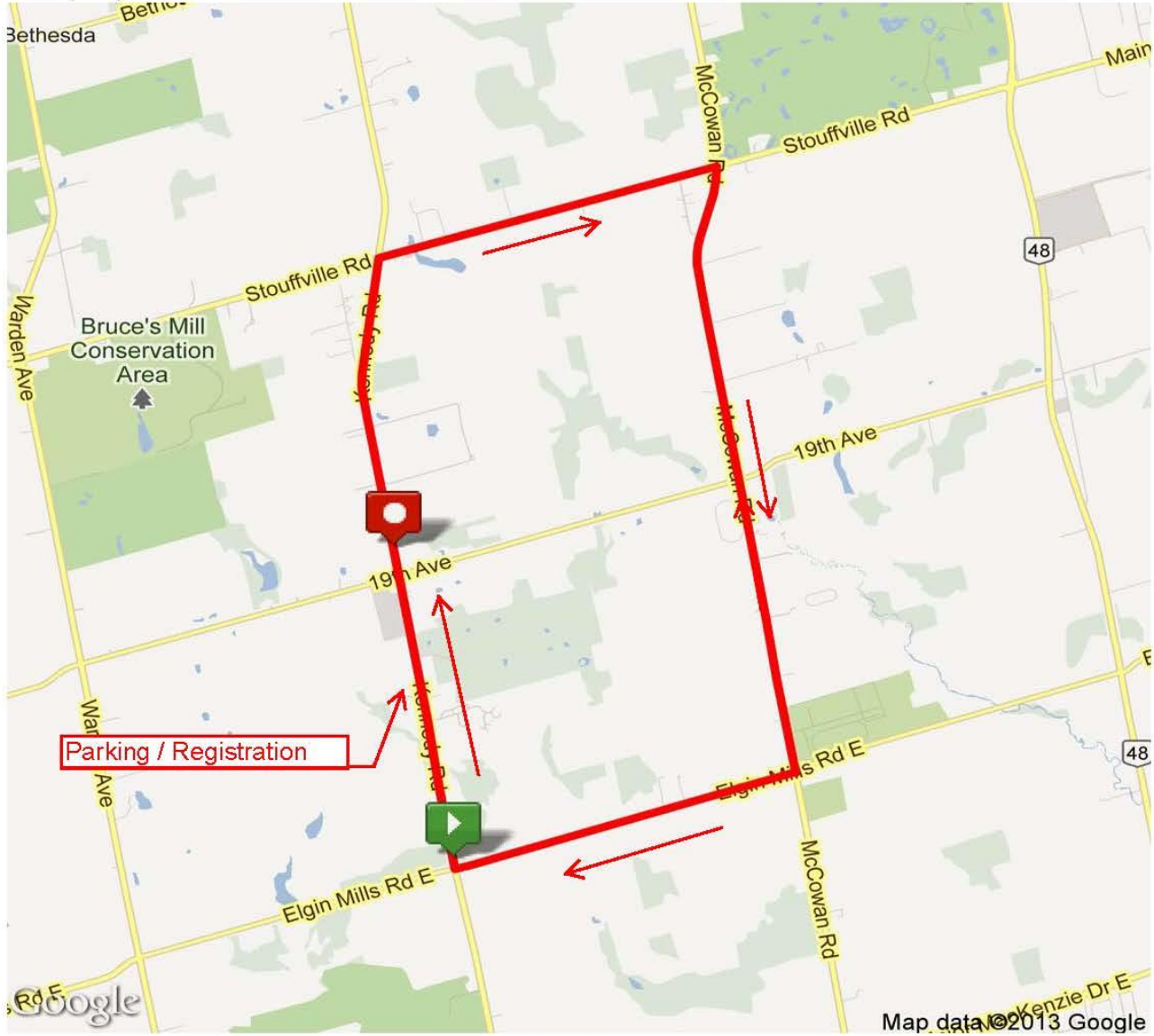
mapmyride

REALDEAL MGCC TNTT Course

Distance: 14.99 km

Elevation: 45.0 m (Max: 258.0 m)

Registration Sign-In NORTH TORONTO
CHINESE BAPTIST CHURCH MELVILLE
MISSION 11248 Kennedy Road, Markham, Ontario,
Just North of Elgin Mills on the West Side



Course Safety

- Medical Liaison Ed Veal 905-251-8810.
- First Aid will be provided by Race Organizers from the Registration Site (Parking Area) or from the follow car.

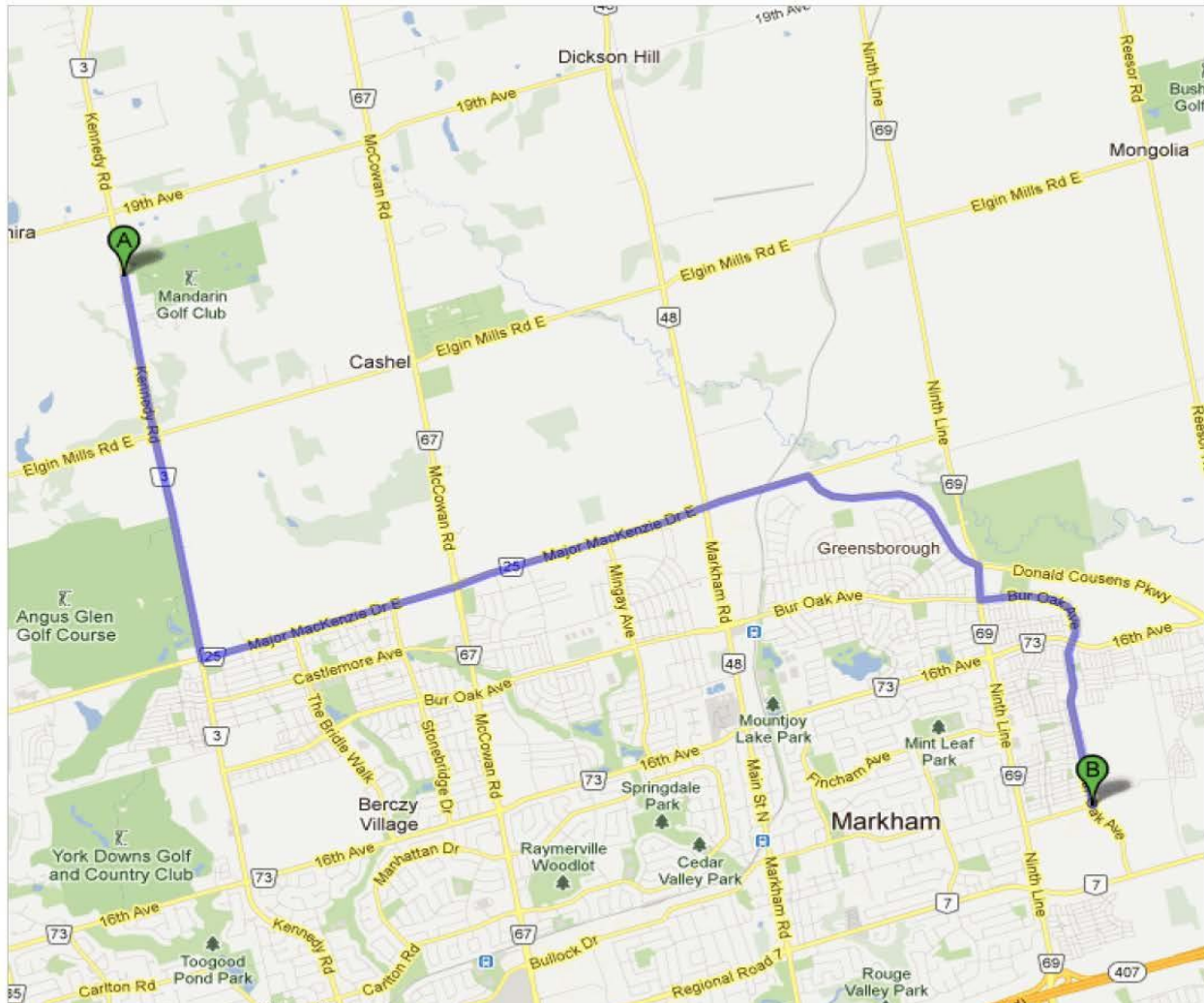


Directions to Markham Stouffville Hospital

381 Church, Markham, ON L3P 7P3 - (905) 472-7000

13.3 km – about 19 mins

A - Staging Area for TTTT North Toronto Chinese Baptist Church



1. Head south on Kennedy Rd/Regional Road 3 About 3 mins go 3.5 km
2. Turn left onto Major MacKenzie Dr E/Regional Road 25 Continue to follow Major MacKenzie Dr E About 8 mins
3. Turn right onto Donald Cousens Pkwy About 2 mins go 1.8 km
4. Take the 2nd right onto Ninth Line/Regional Road 69 go 300 m
5. Take the 1st left onto Bur Oak Ave About 5 mins go 2.6 km
6. Turn right onto Church St Destination will be on the left go 2 m total 13.3 km

Markham Stouffville Hospital 381 Church, Markham, ON L3P 7P3 - (905) 472-7000

Course Safety Continued

- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. Notification will be made on RealDeal social media platforms and www.realdealracing.ca if there is a cancellation for any reason.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Official that you are no longer racing. Any unreported DNF may result in a severe penalty.
- This race is being run on open roads in the direction of traffic. You must, at all times, stay on the right side of the road. Any rider caught crossing the center line may be disqualified and eliminated from the race. If you are removed from the race and ignore the instruction to do so, you may be subject to further penalties.
- You are required to wear an approved, regulation cycling helmet at all times while astride your bike, from the moment you arrive at the race until you leave. Non-compliance may result in a severe penalty

General Event Rules and Regulations

- The races will be held under the rules of the UCI with CCA and OCA modifications.
- The CCA & OCA rules are available on-line at:
<http://www.ontariocycling.org/Officials/Officials-rules/>
- Registration closes 15 minutes before the start of each race.
- All riders must sign in at registration.
- U.S riders must present a UCI licence in order to enter this event. USAC Domestic Licences are not allowed in Canada
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.
- All riders (or parents/guardians) are required to sign the OCA and CCA waivers, unless they have an OCA-issued licence.
- Races will start promptly at the indicated start times.
- There will not be any team vehicles permitted on the course.
- **Any rider dropping out of the race shall immediately notify an Official.**
- Riders who are dropped from the main bunch must proceed at their own risk and should always, when possible, ride on the right side of the road with the flow of traffic.
- **This race is being run on open roads in the direction of traffic. You must, at all times, stay on the right side of the road. Any rider caught crossing the center line may be disqualified and eliminated from the race. If you are removed from the race and ignore the instruction to do so, you may be subject to further penalties.**
- Results will be presented according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders must wear their competition uniforms for the presentation.

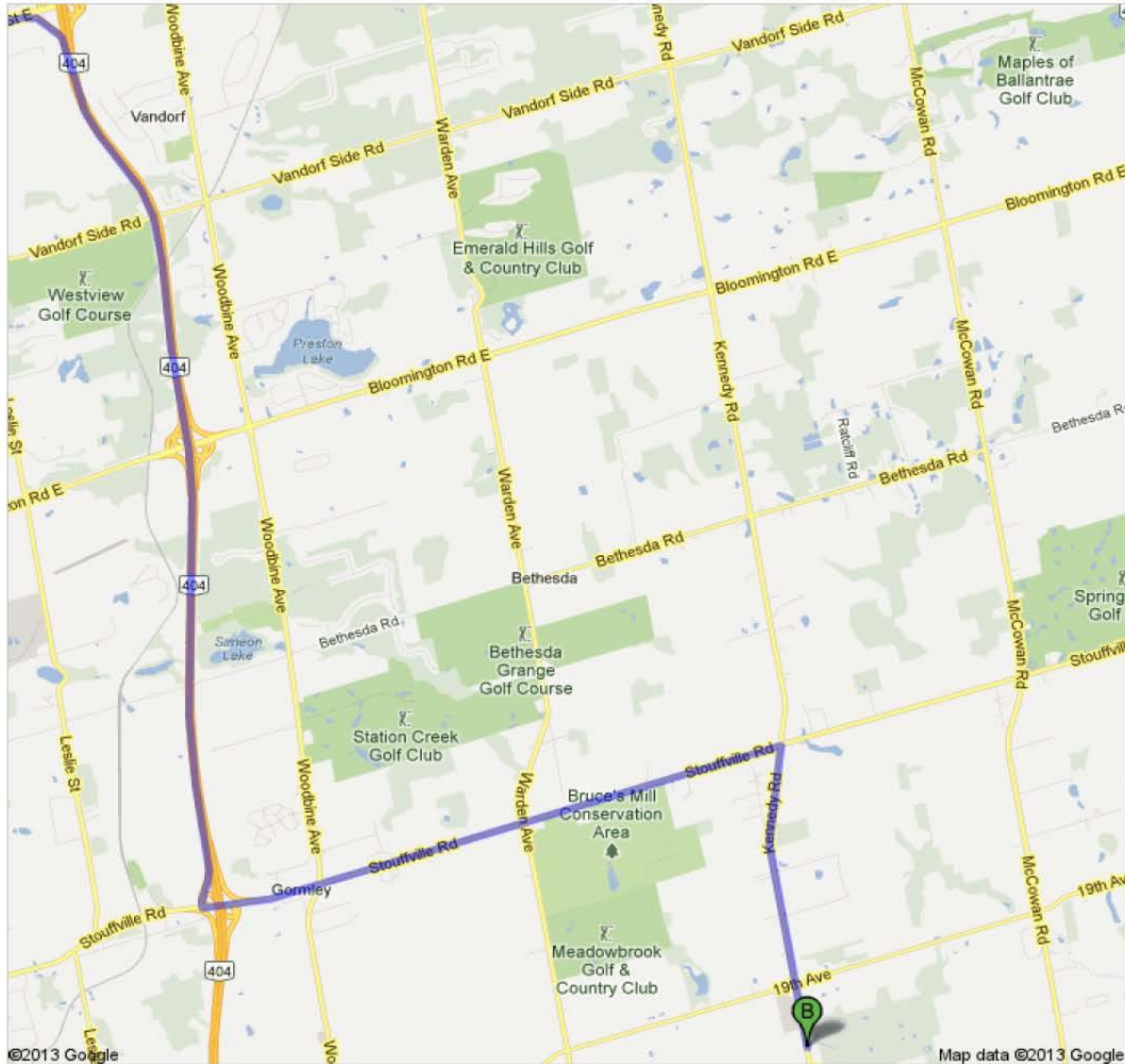
Specific Course Rules

- Bikes are not required to meet UCI standards for time trials. Road and Triathlon Bikes may be used. Bikes must be in good working order.
- If you arrive late for the start time, you will be allowed to start, at the direction of the Official only. Your time may not be counted.

Directions to Event



Directions to North Toronto Chinese Baptist Church (Melville Mission)
11248 Kennedy Rd, Markham, ON L6C 1P1
21.4 km – about 22 mins

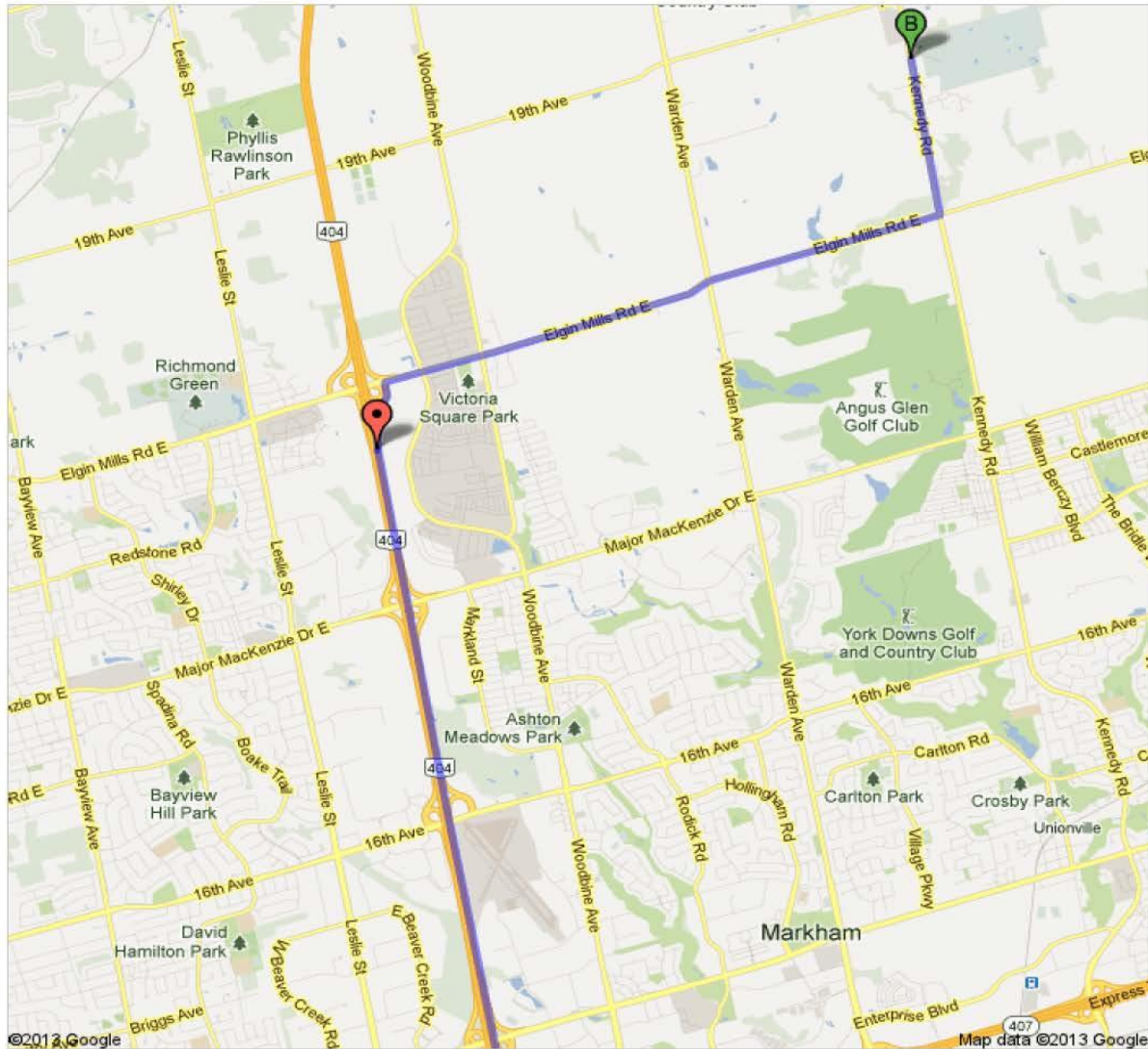


Take the 404 South
Take the Stouffville Road Exit
Go East on Stouffville Road
Turn Right heading South On Kennedy Road
GO past 19th Avenue
Parking is on the right

Directions to Event Continued



Directions to North Toronto Chinese Baptist Church (Melville Mission)
11248 Kennedy Rd, Markham, ON L6C 1P1
30.4 km – about 29 mins



Take DVP 401 or 407 to Highway 404 North
Take the Elgin Mills Road Exit.
Head East on Elgin Mills Road.
Turn Left heading North on Kennedy Road.
Parking will be on the left.

